

## Participant Waiver form

(For Seniors / 11K / 21K runners)

I, \_\_\_\_\_,  
undersigned as a participant for the upcoming event, I acknowledge that I know that running [volunteering for] a Marathon is potentially hazardous activity, which could cause injury or death. I have read and understood the terms and conditions before this and also have seen the route map and understand the difficulties in the course. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained.

I agree to abide by any decision of a organizer relative to any aspect of my participation in this event, including the right of any organizer to deny or suspend my participation for any reason whatsoever.

I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road and surroundings, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Organizers, supporting partners of **Ramanagara Marathon**, the city of Ramanagara and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Participant's Signature:

Date:

Place:

Yellow and Red Foundations®  
c/o Yellow and Red Services Pvt Ltd  
Geetha Mandira Extn, Ijoor  
Ramanagara 562159, KA

Ph: +91 080 27275624  
email: [info\\_foundations@yellowandred.in](mailto:info_foundations@yellowandred.in)  
web: [www.foundations.yellowandred.in](http://www.foundations.yellowandred.in)

